

## Nature

A great way to discover nature in the FrankfurtRheinMain region are the **Regionalpark Routes**. The cycle routes connect many of our towns and municipalities in the region and show its splendid scenery. The network of routes stretches from the green belt in Frankfurt am Main to Rüdenheim in the Rheingau in the west, to the Wetterau in the north, and from the Hessische Ried in the south well into the Kinzigtal in the east. Another good way to discover the region is not just by bicycle but also by hiking.

The region has numerous **hiking trails** for beginners as well as for more experienced hikers. Thanks to the public transport network, you can reach the countryside within a short period of time from every large town. Popular hikes are in the Taunus, Rheinhessen, Odenwald und Bergstraße. An overview of local recreation areas can be found [here](#).

The many castles and zoos in the region are also popular **destinations**. In addition, there are numerous smaller and bigger museums. You will find an overview on the tourist websites of the individual towns.

## Mobility

**Public transport** is very well developed in the region. The **Rhein-Main-Verkehrsverbund (RMV)** has U-Bahn, S-Bahn and regional trains (RB) as well as trams and buses. RMV connects the entire FrankfurtRheinMain area and does not just cover the State of Hessen, but also parts of the neighbouring states. Further information on tickets as well as the network can be found [here](#).

It is not just public transport that is well-developed in the region, but also **cycle paths**. There are numerous recreational routes such as the Regionalpark Rundroute (Round Trip) or the MainRadweg (Main Cycle Path), which invite you to discover the region. Please note that traffic regulations also apply to cyclists.

## Urban

**Urban life** in the FrankfurtRheinMain region has much to offer. In the larger towns, in particular, **farmers' markets** are not just for your weekly groceries but are a popular place to meet up to try the many wines of the region. Farmers' Markets generally take place once or twice a week in the region. Seasonal and local produce is sold, often directly from the farmers.

In addition, the region is well-known for its numerous **cultural events, street festivals** and **open air events**. Almost every weekend in the summer there are festivals and events in the open air to suit every taste and age-group. An overview of current events can be found on the website of the individual towns.

Another way to make new contacts and help you integrate are **international communities**. The FRM region is well-known for being international: people from over 180 different nations live here. International Communities help newcomers to make contacts and find their way in their new home. You will find cultural societies here as well as business networks. Joining a club can help you to make new contacts as common interests in German sports and social clubs connect people. You can find an overview [here](#).

## Good to know!

### Public transport

If you are taking public transport in the region, it is worth buying a group ticket for groups of up to five people.

### International Stammtisch

The International Stammtisch is a great way to make international contacts. It generally takes place on the first Monday of the month in Frankfurt. Further information can be found [here](#).

### Intercultural Week

The Intercultural Week (interkulturelle Woche) is a festival that takes place every year to celebrate cultural diversity and communities. During this week many different events take place in the participating towns. More information can be found [here](#).

### Newcomers Festival

The Newcomers Festival is an informative fair for expats and takes place in September in Frankfurt. More information can be found [here](#).